

CELEBRATE

SENIORS WEEK

16-22 OCT 2023

25
YEARS

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Palliative Care Tasmania

Tasmania's peak body for palliative care

SENIORS WEEK

*"Age is merely the number of years
the world has been enjoying you.
Celebrate your existence"*

Seniors Week celebrates older Tasmanians and recognises the contributions we make to our communities. It's a week of events for older people, all over Tasmania. Seniors Week events allow us to connect and share experiences, learn something new or find out useful information. Events are as diverse as the people who attend them.

Join Palliative Care Tasmania at these FREE Seniors Week events.

Monday 16th October

GOLDEN WATTLE DEMENTIA CAFÉ

Tuesday 17th October

'WHAT MATTERS MOST – ADVANCE CARE PLANNING COMMUNITY SESSION'

GECO HIGH TEA FOR NATIONAL CARER'S WEEK

GEORGE TOWN SENIORS WEEK EXPO

DEMENTIA AUSTRALIA'S BRAIN HUB IN SHEFFIELD

Wednesday 18th October

'LIVE THE LIFE YOU PLEASE' MOVIE SCREENING

Thursday 19th October

WHAT MATTERS MOST – ADVANCE CARE PLANNING ONLINE SESSION

Friday 20th October

SENIORS HIGH TEA



PalliativeCare
TASMANIA



For more information

Scan the Barcode or check out the website:
pallcaretas.org.au/seniors-week/